

## Adult Day Care Resources

### Membership Organizations

#### **National Adult Day Services Association (NADSA)**

2519 Connecticut Ave., N.W., Washington, D.C. 20008

Telephone: (800) 558-5301; Fax: (202) 783-2255; E-mail: [info@nadsa.org](mailto:info@nadsa.org)

Website: [www.nadsa.org](http://www.nadsa.org)

#### **New York State Adult Day Services Association**

360 Lexington Avenue – 4<sup>th</sup> Floor, New York, NY 10017

Telephone: (212) 986-4766; Fax: (212) 986-4764;

E-mail: [info@nysadsa.org](mailto:info@nysadsa.org) – Website: [www.nysadsa.org](http://www.nysadsa.org)

#### **National Council on Aging (NCOA) Headquarters**

1901 L Street, N.W., 4<sup>th</sup> Floor, Washington, D.C. 20036

Telephone: 202-479-1200; Fax: 202-479-0735; TDD: 202-479-6674

Email: [info@ncoa.org](mailto:info@ncoa.org) - Website: [www.ncoa.org](http://www.ncoa.org)

### General Publications

National Adult Day Services Association (NASDA), Planning and Creating Successful Adult Day Services and Other Home and Community Based Services, [http://www.nadsa.org/documents/hcbs\\_techbrief.pdf](http://www.nadsa.org/documents/hcbs_techbrief.pdf)

NASDA Website: [www.nadsa.org](http://www.nadsa.org)

NASDA Publications: Standards and Guidelines for Adult Day Services - NASDA Member \$35, List price \$55.

[http://www.nadsa.org/publications/documents/nadsa\\_publications.pdf](http://www.nadsa.org/publications/documents/nadsa_publications.pdf)

See other side for more NASDA publications or visit their website at:

[www.nadsa.org](http://www.nadsa.org)

### **New York State Office for the Aging**

#### NYSOFA Regulations for Social Adult Day Care

Contact: NYSOFA, 2 Empire State Plaza, Albany, NY 12223

800-342-9871 or (518) 473-7259; Email: [Nanci.Hawver@ofa.state.ny.us](mailto:Nanci.Hawver@ofa.state.ny.us)

## NADSA Publications

### Adult Day Services - Secrets, Systems, and Strategies for Excellence: Sourcebook for Directors and Administrators

*What starts as a national curriculum for training the leaders in our field has become a one-volume, essential Sourcebook for all of those planning, management, and administrative positions. The Sourcebook covers the following subjects: The Essentials of Good leadership; The Planning Process from Beginning to End; Assessing Your Community's & Participants' Needs; Programming; Managing the People Process; Financial Management; Marketing, Public Relations, and Community Affairs; Environment, Atmosphere & Design; Ethics & Liability; Ad Evaluation, Problem-Solving, and Continuous Quality Improvement.*

NADSA-member price: \$48 • List price: \$100 - Item # AD001

### Adult Day Services - Secrets, Systems, and Strategies for Excellence: Leader's Guide

*The Leader's Guide allows a community or group of providers to use the Sourcebook as a curriculum in the way it chooses but will give an instructor, trainer, or leader some guidance on how to maximize the value of the Sourcebook as a curriculum with a group of peers. For each of the subjects, there is guidance on goals, the main message and key points, the teasing out of management skills, handouts, thought-provoking questions, exercises and suggestions for self-study.*

NADSA-member price: \$22 • List price: \$55 - Item # AD002

### Adult Day Services - Sharing the Caring: Adult Day Care Video

*This 18-minute video provides a way to educate the public—including funders, discharge planners, and potential clients—about the concept of adult day services,*

*its benefits to clients and caregivers. Produced for NCOA by KUSM/Montana Public Television with support from Ross Laboratories. Available in VHS format.*

NADSA-member price: \$20 • List price: \$42 - Item # AD007

### Adult Day Services - Standards and Guidelines for Adult Day Services

*This is the 1997 revised edition of the National Standards and Guidelines for Adult Day Services manual. This edition provides a comprehensive outline of "best practices" in all areas of facility operations and service delivery. Emphasis is placed on the importance of target population identification and assessment, administration, organizational structure, individualized plans of care—including the "new service categories," direct service provision, staffing requirements, facility design and program evaluation. Our Standards and Guidelines manual prepares any Adult Day Service program for accreditation.*

NADSA-member price: \$35 • List price: \$55 - Item # AD003

### Adult Day Services - Training the Program Assistant in Adult Day Services

*This manual makes training your program assistants easier than ever. The curriculum sets the standard for quality training in the field. It offers techniques, material, activities and handouts to improve program assistant effectiveness and performance. Topics include understanding adult day services, participants' rights, role of staff, observation and recording, the aging process, therapeutic activities and the role of the program assistant in the delivery of services.*

NADSA-member price: \$49.95 • List price: \$60 - Item # AD004

To Order: [www.nadsa.org](http://www.nadsa.org)